

# Day centre services in prison: a new Occupational Therapy initiative in Kent

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# Session outline

- Background information
- Preparation
- The day centre
- Reflections

# Background information

- Current mental health provision
- Mental health needs assessment
- Commissioning a new service

# The Pilot

- OT led day centre
- Psychological services
- For one year
- HMYOI Rochester
- The service specification

# A new service – the process

- Familiarisation
- Collaboration
- Recruitment

# HMYOI Rochester: The Environment

- Numbers and type of Offenders
- Catchment area
- Prison layout
- Regime
- Occupation
- Environmental implications

# Preparation for service delivery

- Care pathway
- Protocols & risk assessment
- Model of practice
- Outcome measures
- Preparing course content

# OT led day centre

- Courses
- Individual work
- Offender forum
- Healthcare meeting

# Reflections

- Achievements
- Barriers
- The future

# References

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Any questions or comments ?

